

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: STZC

Coachinfo: Warming up from: 08:00 untill 08:50. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Appeltans Ruth

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 2: 50M BREASTSTROKE MEN 15-16		Heat:2, starttime: 09:08
Heat: 2/5 Lane : 2 Athlete: WERY MILAN		Q-time: 00:45:82
PB (50m pool): 00:45.82 SportinGenk Park 21/04/2025 PB (25m pool): no time SB: no time		
	5 0 M	
PB	00:45.82	
	00:45.82	
		

Coach feedback:

Event number: 2: 50M BREASTSTROKE MEN 15-16		Heat:2, starttime: 09:08
Heat: 2/5 Lane : 7 Athlete: RUYMEN SIEBE		Q-time: 00:46:29
PB (50m pool): 00:46.29 Wezenberg 05/01/2025 PB (25m pool): no time SB: no time		
	5 0 M	
PB	00:46.29	
	00:46.29	
		

Coach feedback:

Event number: 3: 50M BUTTERFLY WOMEN 17+		Heat:4, starttime: 09:16
Heat: 4/6 Lane : 1 Athlete: MERGEAY OLIVIA		Q-time: 00:32:41
PB (50m pool): 00:31.25 Antwerpen 21/04/2024 PB (25m pool): 00:31.94 SB: no time		
	5 0 M	
PB	00:31.25	
	00:31.25	
		

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 5: 100M BACKSTROKE WOMEN 15-16			Heat:3, starttime: 09:28
Heat: 3/7 Lane : 2 Athlete: VERLINDEN ALINA			Q-time: 01:20:93
PB (50m pool): 01:20.93 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:17.68 SB: no time			
	5 0 M	1 0 0 M	
PB	00:39.00	01:20.93	
	00:39.00	00:41.93	
			

Coach feedback:

Event number: 6: 100M BREASTSTROKE MEN 15-16			Heat:5, starttime: 09:47
Heat: 5/6 Lane : 6 Athlete: VANDEPOEL QUINTEN			Q-time: 01:19:16
PB (50m pool): 01:19.16 Zwembad Brigitte Becue 30/05/2025 PB (25m pool): 01:16.50 SB: no time			
	5 0 M	1 0 0 M	
PB	00:37.14	01:19.16	
	00:37.14	00:42.02	
			

Coach feedback:

Event number: 10: 50M BUTTERFLY MEN 15-16			Heat:2, starttime: 10:11
Heat: 2/5 Lane : 5 Athlete: WERY MILAN			Q-time: 00:34:61
PB (50m pool): 00:34.61 Mol 22/06/2025 PB (25m pool): 00:45.98 SB: no time			
	5 0 M		
PB	00:34.61		
	00:34.61		
			

Coach feedback:

Event number: 11: 50M FREESTYLE WOMEN 17+			Heat:3, starttime: 10:17
Heat: 3/5 Lane : 8 Athlete: MERGEAY OLIVIA			Q-time: 00:30:12
PB (50m pool): 00:29.58 Antwerpen 21/04/2024 PB (25m pool): 00:28.99 SB: no time			
	5 0 M		
PB	00:29.58		
	00:29.58		
			

Coach feedback:

Pepermans 2026: Session: 1: COACH evaluation sheet for TEAM: STZC

Event number: 13: 100M BREASTSTROKE WOMEN 15-16			Heat:2, starttime: 10:40
Heat: 2/6 Lane : 3 Athlete: VERLINDEN ALINA			Q-time: 01:38:83
PB (50m pool): 01:38.83 SportinGenk Park 21/04/2025			PB (25m pool): 01:47.13 SB: no time
	5 0 M	1 0 0 M	
PB	no time	01:38.83	
	no time		
			

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 15-16			Heat:4, starttime: 10:56
Heat: 4/6 Lane : 8 Athlete: RUYMEN SIEBE			Q-time: 01:15:88
PB (50m pool): 01:15.88 Zwembad Brigitte Becue 30/05/2025			PB (25m pool): 01:12.39 SB: no time
	5 0 M	1 0 0 M	
PB	00:35.05	01:15.88	
	00:35.05	00:40.83	
			

Coach feedback:

Event number: 14: 100M BUTTERFLY MEN 15-16			Heat:6, starttime: 10:59
Heat: 6/6 Lane : 1 Athlete: VANDEPOEL QUINTEN			Q-time: 01:05:41
PB (50m pool): 01:05.41 Mol 22/06/2025			PB (25m pool): 01:04.08 SB: no time
	5 0 M	1 0 0 M	
PB	00:31.45	01:05.41	
	00:31.45	00:33.96	
			

Coach feedback:

Event number: 18: 50M BACKSTROKE MEN 15-16			Heat:2, starttime: 11:25
Heat: 2/4 Lane : 3 Athlete: WERY MILAN			Q-time: 00:37:54
PB (50m pool): 00:37.54 SportinGenk Park 21/04/2025			PB (25m pool): no time SB: no time
	5 0 M		
PB	00:37.54		
	00:37.54		
			

Coach feedback: